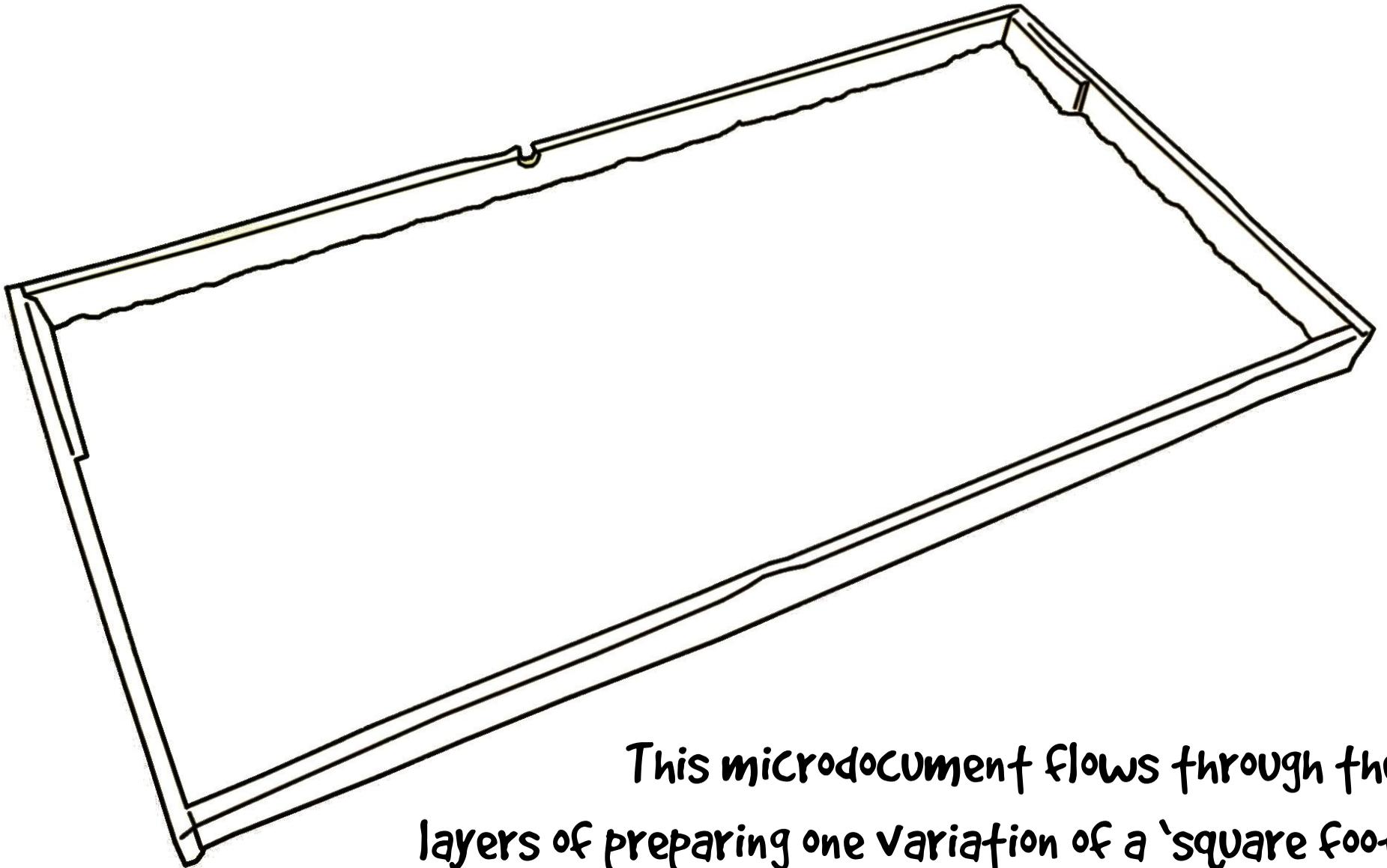


“ A CRASH COURSE IN HIGH INPUT- HIGH OUTPUT ORGANIC SQUARE FOOT GARDENING ”

"There are as many kinds of farming as there are people."

- Fasanobu Mukuoka



This microdocument flows through the layers of preparing one variation of a 'square foot garden', one that's designed for productivity, high input - high output style. Bear in mind that each element in any step could be tweaked, substituted or even omitted according to your context and judgment.

Happy Veggie-fating!



Set up on level ground. Put together a frame that's a composition of squares, no wider than four feet. Here, the frame is four by eight.



Compact the ground beneath and then spread an organic layer that'll stop the weeds from encroaching. Newspapers, cardboard, fabric etc.



Continue the organic spirit with a mix of browns and greens. Leaf litter, grass clippings or farm byproducts will all work.



Then comes a motherload of poop. Here you can see one that embraces diversity with cow, mule and sheep poop. The more seasoned the better.



You can either mix soil into the manure or spread it on top. Here you can witness the latter. This is a thin blanket at best.



Hammer a few nails into your frame and use some string to mark out your square beds. Here we see squares of two by two. You can zoom in further too.



You can then plan and plant a collage of veggies one square at a time. An edible patchwork of sorts. Plan according to your soil, season and of course, palate.



Here we see a two by two that contains five rows and five columns of french beans. The seed spacing will change with other veggies. Plan accordingly.



once the seeds have been covered neatly, remember to add a blanket of mulch on your squares. It helps regulate the temperature and humidity beneath.



And now we can water the garden to kickstart the proceedings! You should be ear deep in veggies sometime in the near future!

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